

NORA 5/6 Girls Lacrosse

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 1	2	3	4	 5	6
		<i>Spring Break</i>				
7	8 Practice 4:15 - 5:45 White Pines	9 Practice 4:15 - 5:45 White Pines	10 Practice 4:15 - 5:45 White Pines	11 SCRIMMAGE vs. SL @White Pines 5pm	12	13
14	15 Practice 4:15 - 5:45 White Pines	16 GAME @ Zeeland 6:30pm	17 Practice 4:15 - 5:45 White Pines	18 Practice 4:15 - 5:45 White Pines	19	20
21	22 Practice 4:15 - 5:45 White Pines	23 Game vs. Jenison @White Pines 6pm	24 Practice 4:15 - 5:45 White Pines	25 Game @Forest Hills 6pm	26	27
28	29 Practice 4:15 - 5:45 White Pines	30 Practice 4:15 - 5:45 White Pines				

INFO

Practice

Dress for the weather because we are outside in rain, snow or shine for practice just as we play games in rain, snow or shine. Bring your stick, mouth guard, goggles to every practice.

Games

Parents are responsible for transporting the players to the games. If you are planning to carpool, please contact NORA to get required paperwork on file prior to game day.

Contact

Head Coach: Jordin Weber
weberj@ghaps.org
 NORA Office:
 616-850-5125
nora.ghaps.org

NORA 5/6 Girls Lacrosse

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 4:15 - 5:45 White Pines	2 GAME vs. Northview @White Pines 6pm	3	4 QUEEN OF THE HILLS TOURNAMENT @ FOREST HILLS
5	6 Practice 4:15 - 5:45 White Pines	7 GAME vs. East GR @White Pines 5:30pm	8 ½ day NO PRACTICE	9 TBD	10	11
12	13 Practice 4:15 - 5:45 White Pines	14 GAME vs. Forest Hills @ White Pines 6pm	15 Practice 4:15 - 5:45 White Pines	16 GAME @ Spring Lake 5pm	17	18
19	20 Practice 4:15 - 5:45 White Pines	21 GAME @ GR Christian 6pm	22 Practice 4:15 - 5:45 White Pines Last Practice - Skoops!!!	23	24	25
26	27	28	29	30	31	

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Practice

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Away Games

Parents are responsible for transporting the players to the away games. If you are planning to carpool, please contact NORA to get required paperwork on file prior to game day.

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