



Grand Haven Area Public Schools
1415 Beechtree St., Grand Haven, MI 49417
Phone: 616.850.5125 Fax: 616.850.5127
nora.ghaps.org

INDOOR WALKING
LAKESHORE MIDDLE SCHOOL
Monday, October 3, 2016 – Thursday, March 30, 2017

Welcome to Lakeshore Middle School. The building open 5:00pm-8:15pm, Monday through Friday for walking.

Walking is **NOT** available on November 2, 3, 4, 23, 24, 25, December 26, 27, 28, 29, 30, January 2, 3, 4, 5, 6, March 22, 23, 24. Due to school activities, the building may be closed to walkers on some dates.

School personnel are always available if you have questions.

WALKING FOR GOOD HEALTH!

1. Walk on the right side of hallways.
2. Use caution when walking hallways
 - a. Entrances may become slippery in wet or snowy weather.
 - b. Be aware of raised doormats near door.
 - c. Be aware of other walkers and persons using the hallways especially when rounding corners.
3. Check for any changes that may affect the walking schedule.
Such as: Parent-Teacher conferences, large school program, basketball games, etc.
4. Please refer any comments, questions or suggestions to the Northwest Ottawa Recreation Authority, 1415 Beechtree St., 850-5125.

Use the building entrance nearest the south parking lot. After entering this entrance, turn right by the old pool balcony, use the stairway to the top floor. One course down main hall to far north stairs and back is 1/6 of a mile.

WALKING ROUTE ON BACK!